



Annual Report of the Trustees
& Unaudited Financial Statements
for the year ended 31st December 2016

Charity Number: 1153028
Company Number: 08329914 (England & Wales)



The Rainbow Flower
A practical tool to understand the Children for Health approach

George Hay Partnership LLP, Chartered Accountants
St George's House, 14 George Street, Huntingdon, Cambridgeshire PE29 3GH

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Mission and Vision

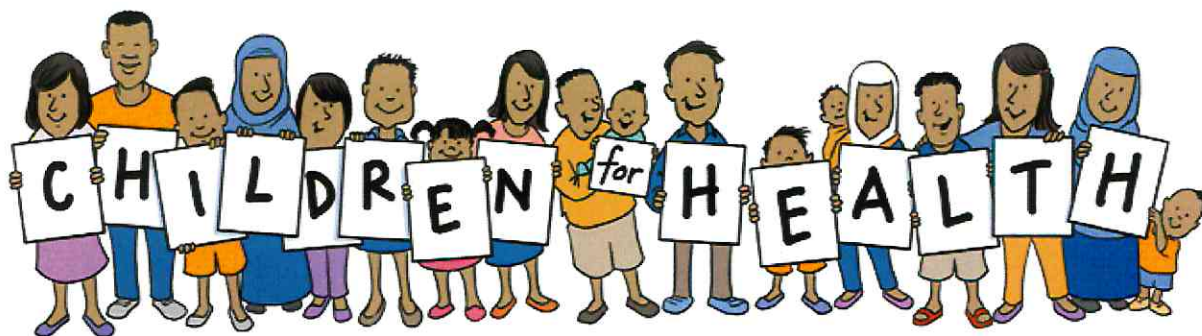
Children for Health is an organisation which has re-imagined and developed a radical new system of health education in the developing world, with children as agents of change at its core. Our approach recognises the profound influence that children have in preventing disease and injury within their homes and communities. Our content and activities are delivered across digital, mobile as well as other traditional platforms.

We empower children to learn, collect and share our 100 key life-saving health messages across 10 topics, including Malaria, HIV, Nutrition and others. Our long-term vision is that all children in the developing world should learn and share 100 context specific health messages – 10 messages in 10 topics – before they leave primary school. Just like they learn their times tables.

We have a 7-part health-education training curriculum that equips teachers, parents and other educators with the skills they need. We develop activities, tools and materials that make learning important, relevant and fun.

Children for Health works closely with other charities and organisations, making sure that child participation in health programmes is incorporated and effective. Our work is scalable and catalytic. Our content and activities can be used, adapted and translated to fit existing health programmes. Our content and activities are a doorway towards better health.

Our mission at Children for Health is to reach children with simple, memorable, shareable health education. Sharing knowledge, saving lives!





Letter from the Chairman of Trustees, Tobias Hanbury

Children for Health continued to grow and develop during 2016. Our Director, Clare Hanbury, covers all of the 2016 activities and progress in her report below.

Our focus in the first phase of our existence has been on building up our core assets – what we now describe as our Global Knowledge Hub – the health messages, the website, the blogging, our strategic alliances, our programme partnerships etc. The underlying premise of our work remains true and enduring: if children have the knowledge they need about basic health issues in their homes and communities, then they will act on that knowledge for the benefit of themselves and those around them. Even in the most disadvantaged of circumstances.

Our thinking for the future of Children for Health is founded on one critical realisation. We need to preserve as much of our experience and expertise as possible, captured in a digital format, in order to make it accessible, scalable, and usable for years to come.

We are a charitable organisation dedicated to the advancement of health, through education. Our future strategies recognize that the way people learn and acquire knowledge has changed dramatically in a connected world in which most people own, use or have access to mobile devices. We are now making progress towards the launch of Children for Health Online School as one of our core strategies for the future. This builds on all the work we have done so far, and will ensure that Children for Health will continue to provide information, resources, training, materials and knowledge anywhere in the world and long into the future.

I would like to acknowledge the skills and determination of our core team and the continued support of ARM. Their Head of Sustainability & Corporate Responsibility, Dominic Vergine, identified and supported the gap that Children for Health was created to fill, and has been consistently by our side since our journey began in 2013.

Finally, I would like to thank my fellow Trustees for their help, dedication and commitment to Children for Health.

Tobias Hanbury
Chairman of Trustees, Children for Health





Letter from our Director, Clare Hanbury

Hello!

In 2016, we reconstructed our website. It has many of the features of the old site much loved by our community but with new features, like our 'shop' where materials are available for purchase and/or free download. Our focus is now not so much on what we want to do but what we are doing and making sure people know about it. We are now in our fourth year and feel all grown up. We are proud that so much of our work is of immediate and practical benefit to those conducting child-centred health education and life skills programmes in countries which have scarce resources but where there are huge numbers of children who are able and willing to participate in this work.



It was an amazing year. Here are 20 of the highlights, from my point of view. More details can be found further in the report.

Technical support | Nutrition Education | Mozambique

1. We completed an evaluation of the work that children are doing in Mozambique in 15 schools. 12 of these schools are in a rural area and 3 are in an urban area. There are around 14,000 children touched by the project in these schools. In the PCAAN Case Study we found that children are influencing their family by improving the staple diet, their hand-washing practices and their mothers breastfeeding practices. There is a lot more going on but these summarise the three most robust results.
2. Linked to this programme, we completed a *rapid sift* of the current evidence available supporting the ideas of children participation in health.
3. Linked to this programme we completed a poster on how the PCAAN Nutrition Programme works with the team in Mozambique.
4. Linked to this programme, we developed a Basic Trainers Guide in English.

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5. Again linked to this programme, we completed English and Portuguese versions of 4 Children for Health storybooks:
 - *Everyone Counts* (Sharing Food Fairly)
 - *The Rainbow Garden* (Balanced Diet)
 - *Why Thomas was Good At Football* (Micronutrients)
 - *The Puzzle* (Personal Hygiene)

Technical support | Children's Participation in Diarrhoea Prevention and Control | Nigeria, Pakistan & India

6. We developed a suite of materials to support the Save the Children Signature Programmes for Diarrhoea Prevention and control in Nigeria, Pakistan & India. These include a *Master Trainers Guide*, *A Teaching Guide* and an *Activities for Children Guide*. By mid 2017 this suite of materials will be available in English and Hindi and in 2 different versions.
7. We created the story for a Save the Children 'Speaking Book' called *Bayo's Journey to Save Lola from Diarrhoea*.
8. We conducted 2 week long Teacher Training workshops for 48 teachers in Lagos, Nigeria linked to the Save the Children Diarrhoea Prevention & Control Programme.
9. We conducted a week long Master Training workshop for 29 trainers in Kolkata, India linked to the Save the Children Diarrhoea Prevention & Control Programme.

Website, Core Materials and New Partnerships

10. Together with children and adult educators from Paleng Children's Centre in Lesotho, we completed an English and Sesotho version of *The Special Glasses*, a storybook on diarrhoea and sickness.
11. We completed a poster for our *Safe, Strong and Smiling* initiative to support people working with children in the post-Ebola phase in English-speaking West Africa. Our Safe Strong and Smiling Poster and storybook *A Stone is a Strange Thing* plus links to our mobi-site are distributed from our own website, on the Orb hub for health workers www.orbhealth.com and a hub of child-friendly materials being curated by Save the Children.
12. We completed our collection of 100 Messages and developed our 100 messages poster. The 100 messages are available on the poster, in one 100 messages booklet and in 10 separate topic-specific booklets.
13. We completed a revamp of our website. This was a huge task. We now have most of our Children for Health materials in an online shop for people to buy or swap with

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information about how they plan to use the materials they can get for free and information on how they used the materials when we follow up later.

14. We developed, tested and completed our Rainbow Flower Training Methodology.
15. We drafted two topic-specific posters on Malaria and Worms that are being field-tested with expert groups prior to completion in 2017.
16. We drafted the Children for Health Vision poster that is being field tested prior to completion in 2017.
17. We developed a partnership with the Hanging Libraries Project, a project first devised by our friend and mentor, Hugh Hawes. Through the Hanging Library network we will be distributing Hugh's children's books on health, and make available our storybooks, too. [Click on this link](#) to learn more about the project.
18. We worked with Cambridge University's Judge Business School to review and develop our strategic direction. Insights from this gruelling process helped us refine our future strategies and guide the development of our new website.
19. We developed a partnership with Literacy Bridge to test our content with children on their Talking Book. This way to distribute content to deeply rural communities where illiteracy is a problem.
20. We started to develop a partnership with former colleagues in Kenya to establish a Children for Health Model School in a rural area where we will fully test and document our many methods including innovative memory techniques to help children learn and share the 100 messages.

We are very proud to be featured in ARM's Corporate Responsibility Report (<https://www.arm.com/company/corporate-responsibility/read-our-reports>).

Governance

Like all charities, we also have the day-to-day administration of the charity to attend to – the bookkeeping, the accounting, the formal reporting, the Trustees meetings and, of course, fundraising.

Even More...

Add to the 20 highlights the many other activities that we have conducted this year that serve one or more of our key objectives:

- To develop ways to engage children and their educators and help them to understand the 100 health messages for children to learn and share,
- To develop partnerships with programmes who wish to use our content, activities and training methods;
- To develop academic links and promote the importance of research linked to our initiatives.

The Future

We think that 2017 will be a breakthrough year.

- We have already been invited to collaborate on a research programme with the Nutrition team at the prestigious London School of Hygiene and Tropical Medicine.
- We are discussing research opportunities with Save the Children Programmes.
- We are discussing possible partnership with the World Health Organisation via the International Telecommunications Union's *Be Healthy be Mobile* initiative.
- We are building a hub of useful digital resources that is steadily being recognised as an authoritative source of content and activities for child-centred programmes, and in 2017 we will accelerate user engagement with this site. What we hope and expect is that through the distribution of Children for Health's content and activities – many thousands of children all over the world will be empowered to lead healthier lives and prevent disease, and feel able to spread lifesaving knowledge and skills to their sibling's, friends and family.

The BIG PLAN for 2017 is to set up the Children for Health Online Training School so that anyone anywhere can access training in our content and methods to implement and evaluate programmes focusing on child participation in health.

Our fans have described our achievements in 2017 as '*breath-taking*' and our efforts '*herculean*' but raising funding for this work is hard – and it seems to be getting harder, especially for smaller charities like us.

With many thanks for all your interest in and support to Children for Health!



Clare Hanbury

Director, Children for Health



Review of 2016 Activities & Progress

In 2016 our new activities in 2016 fell into three main categories

- Our Website & Core Content
- Technical Support to the Government of Mozambique and Save the Children to optimise their health education programmes; and
- Academic & Other Partnerships – developing alliances with academic institutions and to test assumptions and collect evidence of impact.

Also covered below, are the activities that are ongoing from 2015.

Website & Core Content

A key aim of Children for Health is to be a digital hub for any individual and organisation interested in child centred health education content and activities. We want to inspire health educators across the globe to recognise the important ways that children can contribute to the health of themselves and others in their family. We want to provide content and activities that make it easy for practitioners to build our child-centred approach into their existing programmes. We want many visitors to our site to join our community, access free content and engage with us on social media.

2016 was a crucial year for us in achieving this aim. By the end of the 2016, we had our 100 health messages, storybooks and posters already developed and available from our online 'shop'. More posters and training modules will be available during 2017.

The 100 Messages

The 100 Messages are Children for Health's 10 health messages in 10 health topics: each message is designed for 10-14 year old children to learn and share before they leave primary school. The topic areas include: Malaria, Diarrhoea, Nutrition, Coughs, Colds & Illness, Intestinal Worms, Water & Sanitation, Immunisation, HIV & Aids and Accidents, Injury and finally early Childhood Development.

In 2016, we created the 100 Message booklet and 10 Topic booklets.



Stories for Health - Story Books

Stories for Health is a collection of children's books that are fun for children to read and share. The books are aimed at 10-14 year old readers living in the global south. They are designed for teachers and children to use in school and for older children to read to younger ones at school and at home.

We know that millions of children spend many hours each day caring for their younger brothers and sisters, neighbours and friends. We know that with encouragement, information, recognition and praise, the caring role of the child can be turned from something that is a burden to something that is fun, social and helps develop crucial life skills. When children offer good care to younger children, this makes a positive impact on family health and well being.

We currently have 6 titles in the Stories for Health collection:

- 4 stories on Nutrition: developed with teachers implementing the PCAAN programme in Mozambique (in English & Portuguese);
- 1 story on Ebola and loss, *A Stone is a Strange Thing*, developed with teachers in Freetown, Sierra Leone;
- 1 story on diarrhoea and sickness, *The Special Glasses*, a story on diarrhoea and sickness developed with adults and children in Lesotho (in English & Sesotho)

Save the Children, Nigeria and the Afram Plain Development Organisation are reviewing these books to use in their programmes.

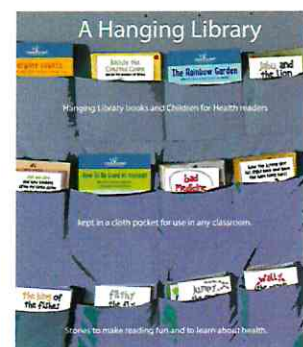
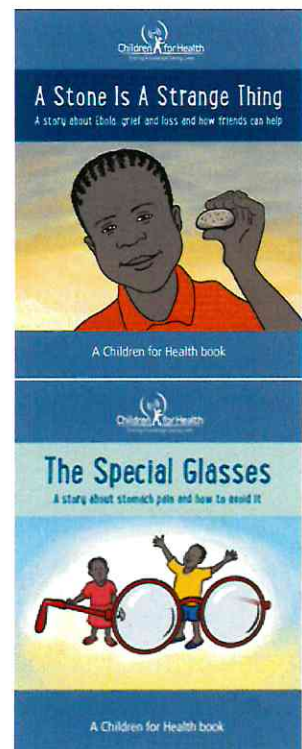
Hanging Libraries

Children for Health is working in partnership with the Hanging Libraries Initiative, making children's books accessible and available to communities in the remotest and poorest parts of the world.

A comprehensive library of digital books that includes our Stories for Health in local languages and Hanging Library books in English are available from our website and can be downloaded, printed and stored in simple cloth hangers.

The Hanging Library books have an A4 printing format, many with pen and ink illustrations and only coloured covers, to make it cheap and easy to print with home or office printers. They are free to be translated into local languages.

Five of the Hanging Library books include Children for Health content and messages.

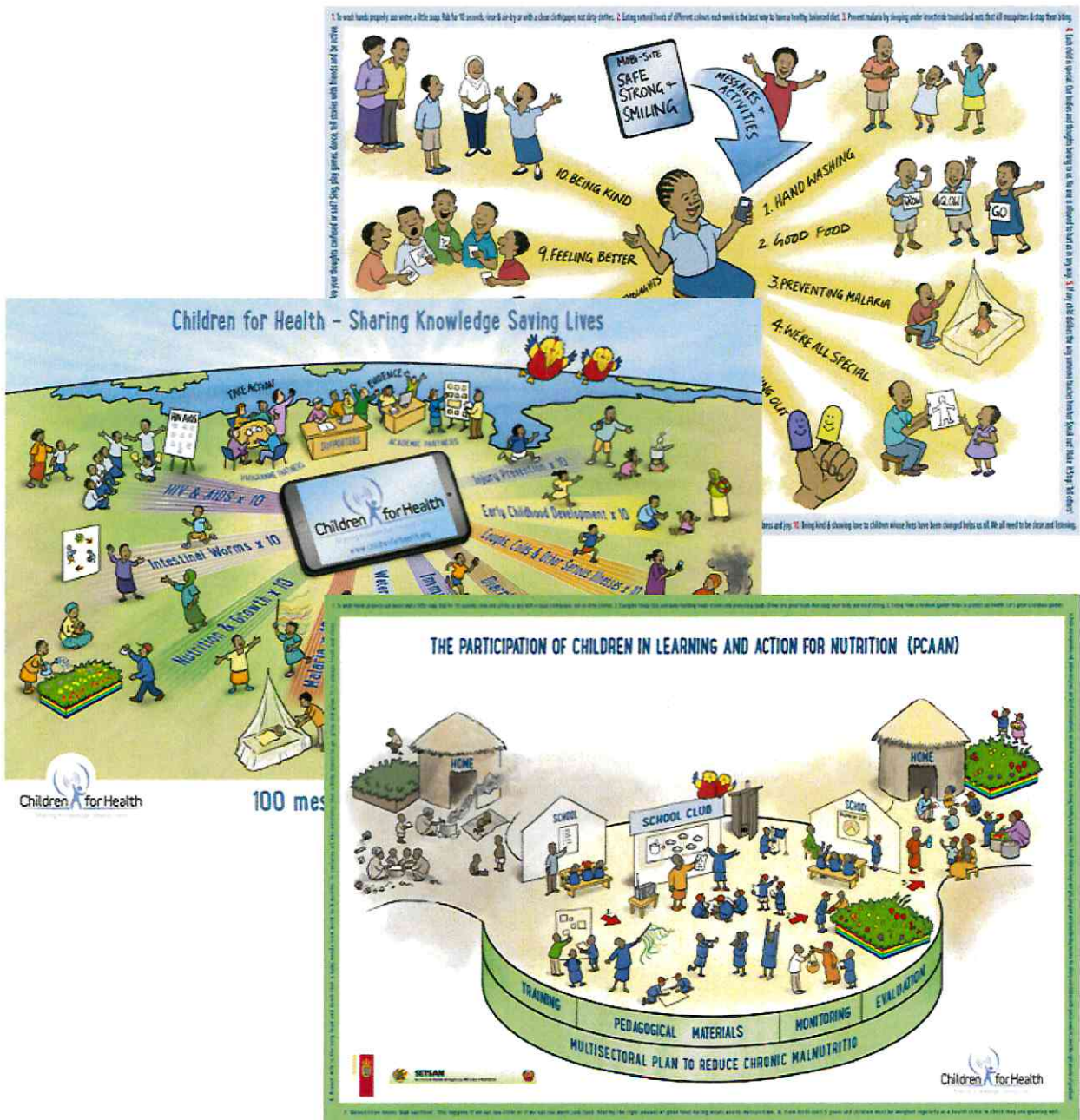


Posters for Health

In 2016, Children for Health developed its series of posters. These provide visual starting points for rich discussions on health issues and disease, and the role that children can play in their prevention.

We have produced one poster that illustrates Children for Health’s 100 messages, one poster for the post-Ebola crisis and one poster about the Nutrition education programme in Mozambique.

We are in the process of developing our Vision poster and one topic specific poster for each of our 10 health topics, illustrating the 10 key messages within each key topic. We are hoping that all our posters for health will be completed by the end of 2018.



Technical Support

Children’s Participation in Action and Learning for Nutrition in Mozambique (PCAAAN)

In Mozambique the dreadful facts are that 44% of all children under 5 suffer from chronic malnutrition. This limits the potential of these children and makes them more prone to disease.

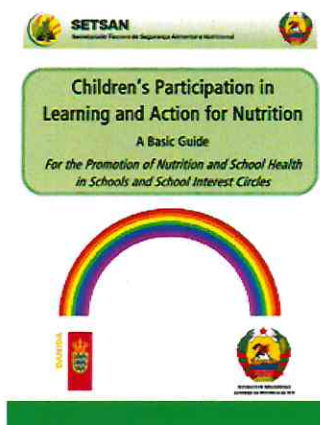
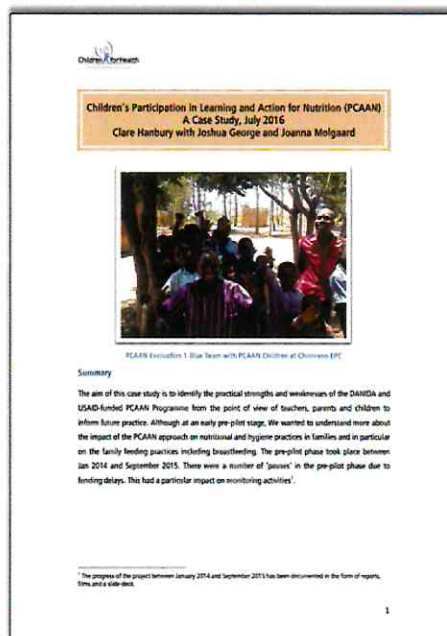
School-going children are often carers of these younger children and can be mobilised to learn about and address nutrition problems and influence family nutrition practices. Therefore, we are working to embed a participatory approach to nutrition education in 15 primary schools in Provincial Government of Tete using their system of school clubs, called ‘Interest Circles’.

Since 2014 and in partnership with DANIDA, we have worked with educators at all levels to adapt our content and methods to fit into the government system and thereby create a participatory, sustainable and effective nutrition education programme.

Our evaluation of the PCAAAN programme, completed this year, suggests that it is having a powerful impact on the lives and the health of children under 5 – and friends and family describe the children involved as “heroes”. In particular, the approach was already having a positive impact on food choices, breastfeeding and hygiene practices.

Story books, a poster, a recipe book for children, teaching and training guides have all been co-created with teachers and children involved with the programme. Some of the teaching materials are still being translated.

The storybooks both in English and Portuguese, the Poster and one teaching guide in English are all available from the Children for Health online Shop.



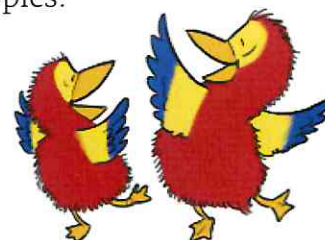
Children’s Health Clubs in India and Nigeria for the Prevention and Control of Diarrhoea

Save the Children Nigeria

Nigeria has one of the severest infant mortality rates in the world linked to death from the symptoms of Diarrhoea. As part of a cluster of activities to address these problems, Save the Children Nigeria is mobilising children as activists in their communities.

Since January 2016 and in 40 school health clubs in Shomolu district, Lagos, children are learning 12 messages and sets of activities based around 4 topics:

- Hygiene & Sanitation;
- Nutrition;
- Immunisation;
- Diarrhoea.



Each of the messages is linked to a part of the WHO 7-point diarrhoea prevention and control plan. Each school has a set of Children for Health’s ZuZu and ZaZa parrots to help them!

Children for Health worked alongside the Save the Children to design the curriculum for the clubs, to design training for the facilitators, to design Master Training and to help with the monitoring and evaluation.

Children for Health is conducting the entire initial teacher training for the programme in Nigeria and the Master training in India. This began in 2015 and in 2016 we conducted two training workshops in Lagos, Nigeria and one Master Training workshop in Bahraich, Uttah Pradesh State in India.



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Children for Health was also involved in creating the story of *Bayo's Journey: To Save Lola from Diarrhoea* in the form of a 'Speaking Book'. Ten books per school are already being distributed to the 48 schools in Somulu district, Lagos State, Nigeria.

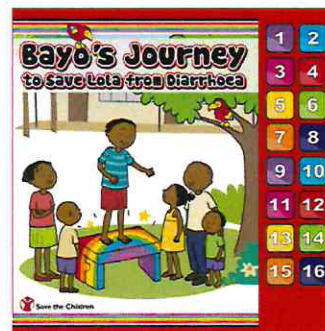
From our visit in October 2016, we witnessed the schools and the children enthusiastically and actively promoting the messages and activities in their classes and communities.

In 2017 we will conduct the final training and complete the materials. We have been commissioned to manage the production of the material and the illustrations for this programme and include a bookmark to be given to all children once they have completed the Speaking Book!

Save the Children India

Children for Health is involved in training and re-purposing the suite of Nigeria materials for a similar Save the Children Programme in India with Children's Health and Hygiene Clubs.

In November 2016, Children for Health conducted Training of Master Trainers in Bahraich, Uttah Pradesh, India.



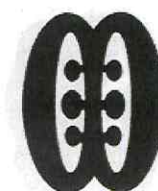
Academic & Other Partnerships

As well as our on-going partnerships with the Government of Mozambique and with Save the Children, we thrive on our academic and other partnerships.

We believe it is important to contribute to the evidence base that involving children as health activists is an effective and important approach in health education, is one that leads to behavioural change, and that has benefits for all children. We advocate for research on children as health messengers and facilitate connections between partners and academic departments whenever we can.

Our key partnerships in 2016 were as follows.

1. We further developed our links with the London School of Hygiene & Tropical Medicine and in particular with colleagues in the Nutrition team who are involved in an exciting research programme on adolescent nutrition in Malawi. We are looking forward to getting involved in this programme in 2017.
2. Children for Health continues to be an active member of the Health Information for All (HIFA) and in 2016 posted frequently about child health into their widely-read and active forums. Clare Hanbury is a member of the working group that meets on Skype every 2 months to move forward the HIFA vision and SMART goals.
3. In 2016, we concluded our work in Sierra Leone alongside Every1Mobile and we now have on-going discussions about developing future programmes together. They have kindly donated the use of their platform in order for us to show case the programme we conducted together with other partners.
4. We have a new potential partnership with Literacy Bridge who have developed the Talking Book. This is a mini computer that delivers important content on agricultural practices and health directly into the hands of illiterate farmers and their families in rural Ghana. Literacy Bridge are keen to work with Children for Health to develop and test a Talking Book specifically for children on key lifesaving health education practices that children can learn and share.
5. We are well on the way to establish a new partnership with the Afram Plains Development Association, Ghana. We have long-standing friends and allies working for APDO and we are keen to work with them to replicate some of the nutrition education work done in Mozambique with a cluster of schools in Ghana. This would help us to understand more about the process of programme replication.



6. We have a [growing reference list](#) and publish a [Toolbox of Resources on Children's Participation](#) and health on our website.

Plans for the Future

2017 is looking like it will be another very busy year.

Our top priorities are:

- To develop an online course based on the training modules and tools that are now tried and tested in 3 countries. We will make this course available for purchase and provide free access to those who cannot pay.
- To grow our network of supporters and users.
- To add to our collections of Posters for health and Stories for Health
- To identify and work with a mobile health programme in at least one country.
- To set up a 'model' school in Kenya.

In 2017, we expect to:

1. Complete the Portuguese versions of the PCAAN materials and provide technical support using these as the PCAAN scales up in Tete Province.
2. Work with Save the Children to deliver a 4th teacher training course and a Master Training in Nigeria.
3. Complete a suite of training and teaching materials for Save the Children Nigeria and help Save the Children India do the same.
4. Work with Save the Children Nigeria and Save the Children India to develop their monitoring strategy for the child participation programme.
5. Work with Literacy Bridge in Ghana, using their Talking Book as a tool for reaching children with health messages that they can learn and share.
6. Raise funding for and start our work in Ghana with our partner APDO, to implement a nutrition programme reaching rural communities using our learning from the work in Mozambique.
7. Work with the nutrition team at the London School of Hygiene & Tropical Medicine to help design and implement a research programme in adolescent nutrition.
8. In its infancy, is the prospect of an exciting partnership with the WHO/ITU Be He@lthy Be Mobile programme.

We will also be actively advising and supporting those wanting to use our resources and develop their own child-focused health education programmes. Many people contact us every month to ask for advice and support.

Financial Review

Children for Health Limited's Financial Activities in 2016 are summarised on the following pages.

Total incoming resources for 2016 were £69,152, a decrease from 2015's income at £104,203. However, the £50,000 grant from ARM was received in December 2015 in respect of 2016 expenses, which explains the negative movement.

On the expenditure side, total outgoings in 2016 were £78,907, an increase of +9.3% over 2015. The net loss of £9,755 for the year led to a reduction in carried over funds to £22,327 as at 31/12/2016, equivalent to about 3.4 months of our average 2016 expenditure, which is within our reserve policy.

Structure & Organisation

Board of Trustees

- Tobias Hanbury Chairman
- Madeleine Kavanagh Trustee
- Shelley Le Breton Trustee
- Anise Waljee Trustee

Advisors

- Dr Stephen Gillham
- Joshua George

Management

- Clare Hanbury-Leu Director
- Amy Collins Website and SEO (part time)

Collaborators

- David Gifford Illustrator – www.inscriptdesign.com
- Liz Gifford Author
- Jean Maund Web maintenance www.justaskjean.com

Professional Advisors

- George Hay Accountants & Auditors
- Arthur J. Gallagher Ltd Indemnity Insurance

Registration & Other Details

- Registered Name Children for Health Limited
- UK Charity Registration No 115302853028
- Registered Address 32, Market Street, Swavesey, Cambridge, CB24 4QG, UK
- Website www.childrenforhealth.org
- Facebook Page Children for Health
- Twitter @Children4Health

Governance and Management

The organisation is a charitable company limited by guarantee. The Charitable Company was registered with Companies House on 31 December 2012 and the Charities Commission on 23 July 2013. It is governed by memorandum and articles of association, which were amended by special resolution on 9 July 2013.

None of the trustees have any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Appointment of Trustees

In this fourth year the trustees were maintained based on their specific experience and ability to contribute to the growth of the charity. We are strategic about this, and continue to look to expand our Board. We currently have:

- A person with a corporate business background as chair (Tobias Hanbury)
- A person with a communications corporate background (Madeleine Kavanagh)
- A person from a developing country background with experience in Education in Asia /South Asia (Shelley Le Breton)
- A person with long international development experience (Dr. Anise Waljee)

We are still seeking 4 further trustees to take the Board to a total of 8. These will include:

- A person with a strong fundraising background
- A person with a strong finance background
- A person in the mobile phone and/or mobile health industry, and
- A person with a strong background in technology and /or social media

We are recruiting using personal and professional connections, not through advertising.

Appointment: To date the CEO has recruited in consultation with the Trustees, and the appointment is made after consideration of the CV and Voting.

Induction: The Trustees are inducted by being sent up-to-date information on the responsibility of Trustees from the Charities Commission and given access to a “Trustees Only” drop box folder where Trustees documents are archived and by up to three induction discussions with the CEO and/or Chair of Trustees.

Training: The Trustees are all mid- to late career professionals and three of the four have experience as Trustees of other charities. It is still beyond the capacity and needs of the charity to provide specific training to the Trustees in but this is something we may consider as needs arise in the future.

Statement of Trustees’ Responsibilities

The trustees (who are also the directors of Children For Health Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period.

In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgments and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on ²⁶... September 2017 and signed on its behalf by:

Madeleine Kavanagh, Trustee*Madeleine Kavanagh*.....

Independent Examiner's Report to the Trustees of Children For Health Limited

(Registered number: 08329914)

I report on the accounts for the year ended 31 December 2016 set out on pages 21 to 30.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their

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accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Toni Hunter

Mrs T M Hunter FCCA ACA DChA on behalf of

George Hay Partnership LLP

Chartered Accountants
St George's House
George Street
Huntingdon
Cambridgeshire
PE29 3GH



Date: *27.09.17*

**Statement of Financial Activities
for the Year Ended 31 December 2016**

	Notes	Unrestricted funds £	Restricted funds £	31.12.16 Total -funds £	31.12.15 Total -funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities					
Incoming resources from charitable activities		-	7,100	7,100	-
Grant income		47,794	13,343	61,137	98,417
Donations & legacies		<u>320</u>	<u>595</u>	<u>915</u>	<u>5,786</u>
Total		48,114	21,038	69,152	104,203
EXPENDITURE ON					
Charitable activities					
Programme delivery		46,603	25,850	72,453	66,683
Other		<u>5,754</u>	<u>700</u>	<u>6,454</u>	<u>5,483</u>
Total		52,357	26,550	78,907	72,166
NET INCOME/(EXPENDITURE)		(4,243)	(5,512)	(9,755)	32,037
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>22,821</u>	<u>9,261</u>	<u>32,082</u>	<u>45</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>18,578</u></u>	<u><u>3,749</u></u>	<u><u>22,327</u></u>	<u><u>32,082</u></u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The notes form part of these financial statements

Balance Sheet
At 31 December 2016

	Notes	Unrestricted funds £	Restricted funds £	31.12.16 Total -funds £	31.12.15 Total -funds £
FIXED ASSETS					
Tangible assets	5	1,745	-	1,745	166
CURRENT ASSETS					
Debtors	6	-	9,005	9,005	31,309
Cash at bank and in hand		<u>30,491</u>	<u>89</u>	<u>30,580</u>	<u>55,831</u>
		30,491	9,094	39,585	87,140
CREDITORS					
Amounts falling due within one year	7	<u>(13,658)</u>	<u>(5,345)</u>	<u>(19,003)</u>	<u>(55,224)</u>
NET CURRENT ASSETS		<u>16,833</u>	<u>3,749</u>	<u>20,582</u>	<u>31,916</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>18,578</u>	<u>3,749</u>	<u>22,327</u>	<u>32,082</u>
NET ASSETS		<u>18,578</u>	<u>3,749</u>	<u>22,327</u>	<u>32,082</u>
FUNDS	9				
Unrestricted funds				18,578	22,821
Restricted funds				<u>3,749</u>	<u>9,261</u>
TOTAL FUNDS				<u>22,327</u>	<u>32,082</u>

The notes form part of these financial statements

Balance Sheet - continued
At 31 December 2016

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2016.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 December 2016 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees on26.09.17..... and were signed on its behalf by:

Madeline Kawangh
Trustee

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 31 December 2016**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.12.16	31.12.15
	£	£
Depreciation - owned assets	<u>83</u>	<u>83</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2016 nor for the year ended 31 December 2015.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2016 nor for the year ended 31 December 2015.

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2016**

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Grant income	28,635	69,782	98,417
Donations & legacies	<u>3,592</u>	<u>2,194</u>	<u>5,786</u>
Total	32,227	71,976	104,203
EXPENDITURE ON			
Charitable activities			
Programme delivery	2,588	64,095	66,683
Other	<u>5,483</u>	<u>-</u>	<u>5,483</u>
Total	8,071	64,095	72,166
NET INCOME/(EXPENDITURE)	24,156	7,881	32,037
Transfers between funds	<u>(1,381)</u>	<u>1,381</u>	<u>-</u>
Net movement in funds	22,775	9,262	32,037
RECONCILIATION OF FUNDS			
Total funds brought forward	45	-	45
TOTAL FUNDS CARRIED FORWARD	<u><u>22,820</u></u>	<u><u>9,262</u></u>	<u><u>32,082</u></u>

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2016**

5. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 January 2016	332	-	332
Additions	<u>-</u>	<u>1,662</u>	<u>1,662</u>
At 31 December 2016	<u>332</u>	<u>1,662</u>	<u>1,994</u>
 DEPRECIATION			
At 1 January 2016	166	-	166
Charge for year	<u>83</u>	<u>-</u>	<u>83</u>
At 31 December 2016	<u>249</u>	<u>-</u>	<u>249</u>
 NET BOOK VALUE			
At 31 December 2016	<u>83</u>	<u>1,662</u>	<u>1,745</u>
At 31 December 2015	<u>166</u>	<u>-</u>	<u>166</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.16 £	31.12.15 £
Trade debtors	355	-
Funds received late	<u>8,650</u>	<u>31,309</u>
	<u>9,005</u>	<u>31,309</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.16 £	31.12.15 £
Bank loans and overdrafts (see note 8)	652	-
Trade creditors	4,216	-
Sundry creditors & accruals	14,135	5,224
Grants received in arrears	<u>-</u>	<u>50,000</u>
	<u>19,003</u>	<u>55,224</u>

8. LOANS

An analysis of the maturity of loans is given below:

	31.12.16 £	31.12.15 £
Amounts falling due within one year on demand:		
Bank overdraft	<u>652</u>	<u>-</u>

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2016**

9. MOVEMENT IN FUNDS

	At 1.1.16 £	Net movement in funds £	At 31.12.16 £
Unrestricted funds			
General fund	22,821	(13,363)	9,458
Posters for Health	-	2,142	2,142
CfH Website & Microsites	-	3,002	3,002
Stories for Health	-	696	696
Safe, Strong, Smiling - Ebola Project	-	<u>3,280</u>	<u>3,280</u>
	<u>22,821</u>	<u>(4,243)</u>	<u>18,578</u>
Restricted funds			
PCAAAN	6,217	(6,179)	38
UMC	3,044	(3,044)	-
SDI Programme Nigeria	-	273	273
SDI Save the Children India	-	<u>3,438</u>	<u>3,438</u>
	<u>9,261</u>	<u>(5,512)</u>	<u>3,749</u>
TOTAL FUNDS	<u><u>32,082</u></u>	<u><u>(9,755)</u></u>	<u><u>22,327</u></u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	13,114	(26,477)	(13,363)
Posters for Health	5,000	(2,858)	2,142
CfH Website & Microsites	15,000	(11,998)	3,002
Stories for Health	10,000	(9,304)	696
Safe, Strong, Smiling - Ebola Project	<u>5,000</u>	<u>(1,720)</u>	<u>3,280</u>
	<u>48,114</u>	<u>(52,357)</u>	<u>(4,243)</u>
Restricted funds			
PCAAAN	7,737	(13,916)	(6,179)
UMC	(3,044)	-	(3,044)
SDI Programme Nigeria	7,455	(7,182)	273
SDI Save the Children India	<u>8,890</u>	<u>(5,452)</u>	<u>3,438</u>
	<u>21,038</u>	<u>(26,550)</u>	<u>(5,512)</u>
TOTAL FUNDS	<u><u>69,152</u></u>	<u><u>(78,907)</u></u>	<u><u>(9,755)</u></u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2016.

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2016**

11. INCOMING RESOURCES - DONATIONS

Donations - public is income received directly from end users and other supporters.

All professional suppliers are required to pledge a 5% donation of their fees. This income is shown under Donations - professional.

**Reconciliation of Income and Expenditure
for the Year Ended 31 December 2015**

	Notes	UK GAAP £	Effect of transition to FRS 102 £	FRS 102 £
INCOME AND ENDOWMENTS FROM				
Charitable activities		104,203	-	104,203
EXPENDITURE ON				
Charitable activities		66,683	-	66,683
Governance costs (no longer required)		5,400	(5,400)	-
Other		83	5,400	5,483
Total		72,166	-	72,166
NET INCOME/(EXPENDITURE)		<u>32,037</u>	<u>-</u>	<u>32,037</u>

**Reconciliation of Funds
At 1 January 2015
(Date of Transition to FRS 102)**

	Notes	UK GAAP £	Effect of transition to FRS 102 £	FRS 102 £
		-	-	-
TOTAL ASSETS LESS CURRENT LIABILITIES		-	-	-
		-	-	-
FUNDS		-	-	-
TOTAL FUNDS		-	-	-

**Reconciliation of Funds
At 31 December 2015**

	Notes	UK GAAP £	Effect of transition to FRS 102 £	FRS 102 £
FIXED ASSETS				
Tangible assets		166	-	166
CURRENT ASSETS				
Debtors		31,309	-	31,309
Cash at bank and in hand		<u>55,831</u>	-	<u>55,831</u>
		87,140	-	87,140
CREDITORS				
Amounts falling due within one year		(55,224)	-	(55,224)
NET CURRENT ASSETS		<u>31,916</u>	-	<u>31,916</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		32,082	-	32,082
NET ASSETS		<u>32,082</u>	-	<u>32,082</u>
FUNDS				
Unrestricted funds		22,821	-	22,821
Restricted funds		<u>9,261</u>	-	<u>9,261</u>
TOTAL FUNDS		<u>32,082</u>	-	<u>32,082</u>

**Detailed Statement of Financial Activities
for the Year Ended 31 December 2016**

	31.12.16 £	31.12.15 £
INCOME AND ENDOWMENTS		
Charitable activities		
Donations - professional	595	2,194
Donations - public	320	3,592
Grants	61,137	98,417
Technical Advice & Training	<u>7,100</u>	<u>-</u>
	<u>69,152</u>	<u>104,203</u>
Total incoming resources	69,152	104,203
EXPENDITURE		
Charitable activities		
Postage & stationery	306	251
Travelling expenses	211	3,819
Puppets	-	640
Legal & professional	1,750	227
Consultancy & Delivery	47,919	60,118
Meeting costs	75	555
Website/Microsite development	8,448	72
Sundry expenses	-	277
Direct costs	13,744	411
Grant audit	<u>-</u>	<u>313</u>
	72,453	66,683
Other		
Plant and machinery	83	83
Support costs		
Governance costs		
Insurance	267	(50)
Postage and stationery	81	-
Accountancy fees	2,400	2,756
Legal fees	699	322
Travelling expenses	1,501	484
Consultancy fees	635	1,383
Computer costs	230	80
Meeting costs	-	53
Sundry expenses	120	288
Subscriptions	96	60
Bank charges	79	24
Repairs & Renewals	<u>263</u>	<u>-</u>
	<u>6,371</u>	<u>5,400</u>
Total resources expended	78,907	72,166
Net (expenditure)/income	<u>(9,755)</u>	<u>32,037</u>

This page does not form part of the statutory financial statements

